

Updated 8-17-2020

VOLLEYBALL CONSIDERATIONS

Each school should develop a plan with their local health officials to successfully complete the fall season. Below are considerations to include in your plan.

Special Considerations for the use of the following equipment:

- Volleyballs
- Nets/standards
- Referee Stand
- Scorer's table
- Ball Car
- Water Bottles
- Gloves are permissible for all players, coaches and officials.
- Each team is responsible for its own towels, hand sanitizer and med kit

Special Considerations for the use of the following components of the facility:

- Sidelines/Team Bench
- Warm up areas
- Ticket Booths
- Entry/Exit Gates
- Concessions
- PA Systems
- Bleachers
- Bathrooms
- Locker Rooms
- Hydration stations

Practices – Screenings, face coverings and individual hygiene of all participants should be followed in accordance with WHSAA Smart Start Guidelines and the WHSAA Screening/Monitoring form should be utilized.

- Workouts/practices should be conducted in “pods” of participants with same players working out together to limit overall exposure
- Participants should maintain the recommended six feet of distancing between individuals
- No sharing of equipment (except volleyballs)
- Encourage players to not lick their hands and then wipe their shoes
- Face coverings are optional while playing but are strongly encouraged before and after practice for everyone (athletes and coaches)

Events – WHSAA Smart Start Guidelines must be utilized for all events.

- Regular season matches will be duals only. No multiple day invitational tournaments will be allowed. Teams may have more than one dual in a day but must keep teams separated to meet social distancing guidelines. Duals must be scheduled to allow for appropriate cleaning and sanitizing when new teams come to the facility.
- Warm-ups will be two, 7-minute periods. Teams must either remain at their bench area during the opposing team's warm-up time or may go to the locker room. If there is an auxiliary gym available teams may use that during the opposing team's warm-up.
- Each team should bring their own warm-up balls. Host school could supply a cart for each team that has been sanitized.

- Each player must shag their own individual ball, if a ball inadvertently goes to the other team's side, none of the opposing players may throw the ball back.
- Only team members playing in the current match can shag balls.
- Face coverings are optional while playing but are strongly encouraged before and after contests for everyone (coaches and athletes).
- All event workers should utilize face coverings, and gloves when appropriate
- No pre or post game gatherings should take place to assist in limiting exposure. (i.e. Tailgating, BBQ's, etc.)

Post Season:

Regionals will take place in a quadrant format with the highest seed hosting each round. Details will be finalized in the near future.

State will take place at the Casper Events Center with 4 one-day meets. 1A will play on Wednesday, November 4th, 2A on Thursday, November 5th, 3A on Friday, November 6th and 4A on Saturday, November 7th.

Time schedule will be finalized in the near future.

All NFHS Rules Considerations for Volleyball should be utilized as appropriate.



2020-21 Volleyball Rules Considerations

In support of the Guidance for Opening Up High School Athletics and Activities, the NFHS Volleyball Rules Committee offers this document for state associations to consider whether any possible rules could be altered for the 2020-21 season. The considerations outlined in this document are meant to decrease potential exposure to respiratory droplets by encouraging social distancing, limiting participation in administrative tasks to essential personnel and allowing for appropriate protective equipment.

Return to Competition

1. Volleyball Rules Considerations

- ***Prematch Conference (1-2-4a; 1-6-2; 1-6-3; 2-1-10; 5-4-1h, k; 5-6-1; 7-1-1; 7-1-1 PENALTIES 1; 9-1a; 12-2-3)***
 - Limit attendees to one coach from each team, first referee and second referee.
 - Move the location of the prematch conference to center court with one coach and one referee positioned on each side of the net. All four individuals maintain a social distance of 3 to 6 feet.
 - Suspend the use of the coin toss to determine serve/receive. The visiting team will serve first in set 1 and alternate first serve for the remaining non-deciding sets.
 - Suspend roster submission at the prematch conference. Rosters are submitted directly to the officials' table before the 10-minute mark.

- **Team Benches (5-4-4b, 9-1-2, 9-1-2 NOTE, 9-3-3b)**
 - Suspend the protocol of teams switching benches between sets. In the event there is a clear and distinct disadvantage, teams may switch sides, observing all social distancing protocols. Officials will determine if a disadvantage is present.
 - Limit bench personnel to observe social distancing of 3 to 6 feet.
- **Deciding Set Procedures [1-2-4b, 5-4-4c, 5-5-3b(26), 9-2-3c]**
 - Move the location of the deciding set coin toss to center court with team captains and the second referee maintaining the appropriate social distance of 3 to 6 feet. A coin toss, called by the home team, will decide serve/receive.
 - Suspend the protocol of teams switching benches before a deciding set. In the event there is a clear and distinct disadvantage, teams may switch sides, observing all social distancing protocols. Officials will determine if a disadvantage is present.
- **Substitution Procedures (2-1-7, 10-2-1, 10-2-3, 10-2-4)**
 - Maintain social distancing of 3 to 6 feet between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line.
- **Officials Table (3-4)**
 - Limit to essential personnel which includes home team scorer, libero tracker and timer with a recommend distance of 3 to 6 feet between individuals. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location.

2. Volleyball Officials Manual Considerations

- **Pre and Post Match Ceremony**
 - Establish volleyball specific social distancing match protocols including the elimination of handshakes before and after the match.

3. Volleyball Rules Interpretations

- **Rule 4-1 EQUIPMENT AND ACCESSORIES**
 - Cloth face coverings are permissible. (4-1-4)
 - Gloves are permissible. (4-1-1)
- **Rule 4-2 LEGAL UNIFORM**
 - Long sleeves are permissible. (4-2-1)
 - Long pants are permissible. [4-2-1i (1)]
 - Under garments are permissible, but must be unadorned and of a single, solid color similar in color to the predominant color of the uniform top or bottom. [4-2-1h (3), 4-2-1i (2)]
- **Rule 5-3 OFFICIALS UNIFORM AND EQUIPMENT**
 - By state association adoption, long-sleeved, all-white collared polo shirt/sweater are permissible. (5-3-1 NOTES 2)
 - Electronic whistles are permissible. (5-3-2a, b)
 - Cloth face coverings are permissible.
 - Gloves are permissible.