

## 2023 State Fair Practice Schedule

Douglas High School will hold athletic practices for students in grades 9-12 who are attending the Wyoming State Fair from August 15-19. **All participants must have a current physical, an emergency medical release, and insurance information to be able to participate which can be found on the WHSAA School Physical Examination (A7-A8).** Please send all documents to Doug Hughes at [dhughes@ccsd1.org](mailto:dhughes@ccsd1.org). Middle School students will not be able to participate so schools should make alternative arrangements. Schedule times are subject to change at the discretion of the coaches.

Cross Country - Mon – Fri 6:00 - 7:00 am at Bearcat Stadium

Football - Mon – Fri 6:00 - 7:45 am at Bearcat Stadium

Golf - Mon – Fri 8:00 - 9:30 am at Douglas Golf Course

Swimming - Mon 3:45 - 6:00 pm at Douglas Recreation Center Pool

Tues – Thurs 6:00 – 7:00 am & 3:45 - 6:00 pm

Fri 4:00 - 5:30 pm

Volleyball - Tues – Fri 5:30 - 6:30 am at Douglas High School