



## WYOMING HIGH SCHOOL ACTIVITIES ASSOCIATION

6571 E. 2<sup>nd</sup> STREET  
CASPER, WY 82601-2620  
307-577-0614  
307-577-0637 - FAX  
www.whsaa.org

TO: HEAD TRACK COACHES  
FROM: RON LAIRD, COMMISSIONER  
DATE: APRIL 14, 2022  
SUBJECT: REGIONAL TRACK INFORMATION

Regional qualifying track meets are scheduled to be held on the weekend of May 13-14, 2022. The 99<sup>th</sup> Annual Boys High School State Track Meet and the 52<sup>nd</sup> Annual Girls High School State Track Meet will be the following week on May 19-20-21, 2022.

### BOYS AND GIRLS REGIONAL TRACK MEET SITES

MAY 13-14, 2022

#### **Class 1A East Regional @ Newcastle**

Meet Directors: Beau Garcia & Mike Gregory

Arvada-Clearmont	Chugwater
Hulett	Glendo
Kaycee	Guernsey-Sunrise
Midwest	H.E.M.
Upton	Lingle-Ft. Laramie
	Rock River
	Southeast

#### **Class 1A West Regional @ Shoshoni**

Meet Director: Tina Baker & Max Mills

Burlington	Cokeville
Dubois	Encampment
Meeteetse	Farson-Eden
Ten Sleep	Little Snake River
	Saratoga

#### **Class 2A East Regional @ Newcastle**

Meet Directors: Dusty Petz & Mike Gregory

Big Horn	Glenrock
Moorcroft	Niobrara County
Sundance	Pine Bluffs
Tongue River	
Wright	

#### **Class 2A West Regional @ Shoshoni**

Meet Director: Max Mills

Greybull	Big Piney
Riverside	St. Stephens
Rocky Mountain	Wind River
Shoshoni	Wyoming Indian

**REGIONAL TRACK MEET INFORMATION -- Page 2**

**Class 3A East Regional @ Newcastle**

Meet Director: Mike Gregory

Buffalo  
Douglas  
Newcastle  
Thermopolis

Burns  
Rawlins  
Torrington  
Wheatland

**Class 3A West Regional @ Kemmerer**

Meet Director: Cody Hartung

Lander Valley  
Lovell  
Powell  
Worland

Kemmerer  
Lyman  
Mountain View  
Pinedale

**Class 4A East Regional @ Laramie**

Meet Director: Ron Wagner

Campbell County  
Casper Kelly Walsh  
Sheridan  
Thunder Basin

Cheyenne Central  
Cheyenne East  
Cheyenne South  
Laramie

**Class 4A West Regional @ Natrona County**

Meet Director: Spencer Cantrell

Casper Natrona  
Cody  
Riverton  
Rock Springs

Evanston  
Green River  
Jackson  
Star Valley

By WHSAA Board adoption upon request by the Wyoming Track Coaches Association are the following:

- a. In Regional Track Meets nine athletes qualify for the finals in shot put, discus, long jump, and triple jump.
- b. Heats and lanes for the preliminaries of running events and relays at the State Meet for all classes will be seeded from the Regional Meets by both place and time, and then those who qualified by standard will be heated. The first place finisher from each heat and the next fastest times (regardless of heat) to fill a field of eight will qualify to the finals at the State Meet.
- c. When there are eight or fewer teams at the Regional and State Meet in the 4 X 800 relay, the alley start should be waived, and each team assigned a lane.

**Scoring**

Eight places are scored at Regional and State Track Meets (10-8-6-5-4-3-2-1).

**Deadline Date for Returning Entries**

**All Track Qualifying Standard Report Forms must be received by the WHSAA on or before Monday, May 9, 2022.**  
Entries must be received by the Regional Meet Director, via MileSplit, on or before **Thursday, May 12, 2022 at Noon.**

WHSAA Rule 7.14.48 During the scratch session at the regional meet, a participant may be replaced by a participant from the same school; however, additions to the original entries may not be made. If qualifiers for the State Meet are unable to attend, an alternate may be named by the Region, however, that individual must either have participated in the finals at the Regional Meet or have met the qualifying standard.

### Number of Entries in Regional Track Meets

1A -- Four (4) entries per event.

2A -- Four (4) entries per event.

3A -- Four (4) entries per event.

4A -- Four (4) entries per event.

**One relay team per school per event.**

**If there are more pre-qualifiers in an event than the allowed number of entries, all qualifiers will be allowed to be entered, compete and score at the Regional Meet. The only way to exceed the allowed number of entries is if all athletes entered have met the qualifying standard.**

WHSAA Rule 7.14.56 Athletes will also be allowed to qualify for State Track by meeting qualifying standards during the regular season. To be qualified to compete in an event at the State Track Meet, the athlete must be entered in that event at a WHSAA Regional Track Meet. All athletes that meet qualifying standards at WHSAA approved qualifying meets will be allowed to compete at Regional and State Track Meets provided all other WHSAA and National Federation rules are followed.

### Number of Qualifiers for the State Track Meet

The number of qualifiers for the State Track Meet are 8 individuals and 4 relay teams per event from the Regional Meet. Participants who qualify for the finals, but have not prequalified, must run the final heat in that event without disqualification in order to run that event at the State Meet as per rule 7.14.47. Along with these qualifiers will be those individuals who meet the conditions of WHSAA rule 7.14.56 (Qualifying Standards), and those relay teams that meet the qualifying mark at the Regional Meet as per 7.14.57, or at an approved qualifying meet throughout the season and are entered at the Regional Meet.

Relay Teams Qualifying to State - Please review the following information which outlines the three ways that a relay team can qualify for the State Meet.

**\*\*\*Each school may have only one relay team per relay event at the regional and state meet.**

- a. A relay team is entered (non-prequalified by mark) in the Regional Track Meet. The teams that place in the top four at the Regional Meets qualify for the State Meet. The coach is free to make substitutions in this relay for the State Meet as long as students are eligible by all WHSAA rules and do not surpass individual event limits.
- b. A relay team (pre-qualified) is entered in the Regional Meet by submitting a completed Track Qualifying Standard Report Form along with the school's entries by the deadline (May 9, 2022). The relay team then places in the top four at a Regional Meet. The coach is free to make substitutions for the State Meet as long as students are eligible by all WHSAA rules and do not surpass individual event limits.
- c. A relay team (pre-qualified) is entered in the Regional Meet by submitting a completed Track Qualifying Standard Report Form along with the school's entries by the deadline (May 9, 2022). The relay team does not finish in the top four at a Regional Meet. The relay team is still entered and qualified for State, but the same four student-participants who ran on the relay team at the Regional Meet must run on the team at the State Meet.

**NOTE:** If there are any substitutions to a prequalified relay team, including for an injured participant, the relay team is no longer prequalified and must place in the top 4 in order to qualify for state.

- If a runner is injured, a replacement may be entered with approval of the Commissioner of the WHSAA.
- If an athlete is injured and an alternate replaces him/her, the injured athlete will not be allowed to participate in the State Meet.
- If an athlete is injured during the State Meet, he/she will not be allowed further participation.

### **State Qualifiers**

As per WHSAA Rule 7.14.56 on page 75 of the 2021-22 WHSAA Handbook, "Athletes will also be allowed to qualify for State Track by meeting qualifying standards during the regular season. **To be qualified to compete in an event at the State Track Meet, the athlete must be entered in that event at Regionals.**"

Regional Track Meets are qualifying meets by definition and will be run as such. It is important that coaches make sure that if they have an athlete(s) who qualifies by mark during the Regional Track Meet and does not qualify by place, that individual is entered in the State Meet by turning in the appropriate Track Qualifying Standard Report Form (A25) to the WHSAA office by 10:00 a.m. Sunday morning, May 15, 2022.

If a school has a qualifier who cannot participate in the State Track Meet, we ask that the coach from that school notify the WHSAA office by 10:00 a.m., Tuesday, May 17, 2022. If we have the information by that time, we can bring in alternates. After that time, no alternate will be included in the meet.

Please keep in mind that the only alternates who are allowed to fill-in "as the need arises" for the State Track Meet are those participants who actually participated in the Regional finals in the event in question.

### **Uniforms and Apparel**

Participants must wear school issued or school approved uniforms. Field event competitors are required to use school issued or school approved uniforms. Competitors who are unable to be fitted for a school issued or school approved uniform may wear school approved sweats. The purpose is to be sure team members are wearing their school uniform and that any additional attire would not bring discredit on the sport or show any lack of dignity. As per the National Federation Track and Field Rules Committee's action, football jerseys do not meet acceptable uniform criteria.

### **General Information**

State Meet Heat & Flight assignments will be posted on our web page [www.whsaa.org](http://www.whsaa.org) by Monday morning of State Track week. Please check this information and call the WHSAA office by 10:00 a.m. Tuesday with corrections.

Coaches are reminded that they are to remain in unrestricted areas at all times. Contestants are requested to remain away from the finish areas so that they do not obstruct the view of the spectators in the stands.

Unless fully automatic timing is used, times registered in one one-hundredth of a second must be rounded up to the next tenth of a second. (Example: 10.42 will be recorded as 10.5 unless fully automatic electronic timing is used.)