2026 Girls 3A State Swimming & Diving - 11/5/2026 to 11/6/2026

Meet Program - 3A State Swimming and Diving Finals

#1 Girls 200 Yard Medley Relay

3A State: 1:49.33 2020 **Green River**
L.Jensen, H.Uhrig, L.Lee, L.Munoz
Pool: 1:53.29 2026 **Lander Valley**
All-America: 1:43.97
AA Cons.: 1:46.15

Lane	Team	Relay	Prelims
Heat 1 B - Final			
5	LYM	A	2:12.61
Heat 2 A - Final			
2	WOR	A	2:11.09
3	DOU	A	2:07.94
4	KEM	A	2:01.44
5	LAN	A	1:53.29
6	BUF	A	1:56.09
7	SUB	A	2:07.00
8	RAW	A	2:08.79
9	POW	A	2:11.96

#2 Girls 200 Yard Freestyle

3A State: 1:49.95 2022 **Tara Joyce**
Pool: 1:55.65 2026 **M.Tattersall**
All-America: 1:48.77
AA Cons.: 1:50.62

Lane	Name	Yr	School	Prelims
Heat 1 B - Final				
2	Golden, Lindse	FR	LYM	2:22.16
3	Dykes, Andrea	JR	DOU	2:20.71
4	Mills, Aylen	JR	SUB	2:16.54
5	Campbell, Tay	JR	WOR	2:15.26
6	Jons, Tessa	SO	BUF	2:15.55
7	Scherbel, Eva	SR	SUB	2:18.13
8	Sill, Avery	SR	LYM	2:20.84
9	Dewitt, Arabel	SO	SUB	2:22.36
Heat 2 A - Final				
2	Kemp, Eden	JR	LAN	2:12.25
3	Bentley, Milly	SO	LYM	2:07.35
4	Jacob, Katey	SR	BUF	2:06.30
5	Plaisted, Emily	SR	LAN	2:00.68
6	Heller, Brinlee	JR	LAN	2:05.38
7	Lunstra, Allie	JR	NEW	2:06.35
8	Corbin, Adison	JR	BUF	2:10.43
9	Shell, Brynlee	FR	LYM	2:15.23
Alternates				
1	Laird, Sophie	JR	RAW	2:22.84
2	Bohnet, Kylie	SO	SUB	2:28.08

#3 Girls 200 Yard IM

3A State: 2:05.37 2022 **Tara Joyce**
Pool: 2:09.71 2026 **Tavia Arnell**
All-America: 2:01.55
AA Cons.: 2:03.71

Lane	Name	Yr	School	Prelims
Heat 1 B - Final				
2	Smith, Shelby	JR	NEW	2:41.86
3	Roche, Aiyana	JR	BUF	2:36.24
4	Clark, Tylee	SR	WOR	2:34.13
5	Telfer, Tea	SO	SUB	2:31.04
6	Thatcher, Den	SO	KEM	2:31.54
7	Wood, Kenley	SR	DOU	2:35.98
8	Gossard, Broo	SR	LYM	2:39.87
9	Davidson, Mai	JR	BUF	2:41.96
Heat 2 A - Final				
2	Dubcakova, Ja	JR	DOU	2:26.90
3	Bartschi, Ally	SR	KEM	2:23.81
4	Hampton, Cira	SR	LAN	2:23.01
5	Havens, Vayda	JR	LAN	2:12.40
6	Boylen, Charli	SO	KEM	2:16.38
7	Scherr, Paytor	SO	KEM	2:23.47
8	Larsen, Lybert	FR	RAW	2:26.54
9	Rudd, Ang	JR	LAN	2:29.09
Alternates				
1	Beamer, Bella	JR	WOR	2:45.18

#4 Girls 50 Yard Freestyle

3A State: 23.98 2022 **Tara Joyce**
Pool: 24.48 2026 **Sara Kearns**
All-America: 23.07
AA Cons.: 23.48

Lane	Name	Yr	School	Prelims
Heat 1 B - Final				
2	Cook, Danielle	JR	DOU	28.73
3	Kleinfeldt, Aut	FR	POW	28.60
4	Williams, Mag	JR	SUB	28.34
5	Townsend, Tes	SR	BUF	27.85
6	Cook, Leilah	SO	RAW	28.12
7	Blackburn, Ala	FR	LAN	28.58
8	Lockman, Ava	FR	BUF	28.69
Heat 2 A - Final				
2	Mahoskey, An	SO	BUF	26.79
3	Biffle, Landee	SO	SUB	26.43
4	Rogers, Logan	SO	KEM	24.91
5	Kearns, Sara	JR	LAN	24.48
6	Denton, Chays	SR	LAN	24.76
7	Dykes, Abby	SR	DOU	25.49
8	Bartschi, Gabb	SO	KEM	26.48
9	Ooten, Liv	SR	LAN	27.15

#5 Girls 1 mtr Diving

3A State: 427.95 1994 **Ellen Boodleman**
Pool: 472.15 2026 **Ella Reed**

Lane	Name	Yr	School	Prelims
Flight 1 B - Final				
1	Francis, Madal	SR	NEW	120.55
2	Wood, Wesley	SO	DOU	139.55
3	Moses, Anwen	SR	BUF	161.50
4	Rounds, Lyla	SR	LAN	171.90
5	Even, Adlyn	SR	LAN	179.25
6	Olssen, Jojo	JR	LAN	184.65
7	Christensen, L	SO	POW	200.95
8	Sanchez, Matis	SR	RAW	212.30
9	Berglund, Allis	JR	BUF	220.20
10	Bartschi, Gabb	SO	KEM	226.40
11	Kleinfeldt, Aut	FR	POW	229.35
12	Johnson, Delai	SR	WOR	235.20
Flight 2 A - Final				
1	White, Brookly	SR	LAN	275.10

#6 Girls 200 Yard Freestyle Relay

3A State: 1:40.32 2024 **Lander Valley**
S.Kearns, L.Robertson, K.Anderson, V.Havens
Pool: 1:41.60 2026 **Lander Valley**
All-America: 1:35.36
AA Cons.: 1:37.03

Lane	Team	Relay	Prelims
Heat 1 B - Final			
5	NEW	A	2:09.57
Heat 2 A - Final			
2	RAW	A	1:55.13
3	LYM	A	1:51.35
4	BUF	A	1:48.47
5	LAN	A	1:42.04
6	KEM	A	1:43.96
7	DOU	A	1:49.75
8	SUB	A	1:55.04
9	POW	A	1:58.90

#7 Girls 100 Yard Butterfly

3A State: 56.39 2023 **Tavia Arnell**
Pool: 58.42 2026 **Milan Monterastelli**
All-America: 54.22
AA Cons.: 55.48

Lane	Name	Yr	School	Prelims
Heat 1 B - Final				
3	Sill, Avery	SR	LYM	1:15.58
4	Roche, Aiyana	JR	BUF	1:12.67
5	Wood, Kenley	SR	DOU	1:10.91
6	Biffle, Landee	SO	SUB	1:11.75
7	Leighton, Stell	FR	POW	1:14.23
8	Beamer, Bella	JR	WOR	1:16.44
Heat 2 A - Final				
2	Larsen, Lybert	FR	RAW	1:08.22
3	Lunstra, Allie	JR	NEW	1:06.90
4	Woltman, Iris	JR	LAN	1:05.17
5	Monterastelli,	SO	BUF	58.42
6	Kearns, Sara	JR	LAN	1:00.83
7	Kemp, Eden	JR	LAN	1:05.50
8	Gripp, Vyolet	SO	BUF	1:07.92
9	Christensen, L	SO	POW	1:09.24

2026 Girls 3A State Swimming & Diving - 11/5/2026 to 11/6/2026

Meet Program - 3A State Swimming and Diving Finals

#8 Girls 100 Yard Freestyle

3A State: 51.00 2022 Tara Joyce
Pool: 53.13 2026 Tavia Arnell
All-America: 50.17
AA Cons.: 51.03

Lane	Name	Yr	School	Prelims
Heat 1 B - Final				
2	Clowers, Sam	FR	DOU	1:05.52
3	Mills, Aylen	JR	SUB	1:03.92
4	Even, Adlyn	SR	LAN	1:02.35
5	Taylor, Madily	FR	LYM	1:01.91
6	Verplancke, Ta	SO	BUF	1:01.96
7	Scherbel, Eva	SR	SUB	1:02.52
8	Steber, Macy	SO	NEW	1:05.12
9	Light, Kayden	SO	BUF	1:10.54
Heat 2 A - Final				
2	Ooten, Liv	SR	LAN	1:00.43
3	Gripp, Vyolet	SO	BUF	59.48
4	McCoy, Ranoa	FR	LAN	57.02
5	Havens, Vayda	JR	LAN	53.33
6	Rogers, Logan	SO	KEM	55.85
7	Dykes, Abby	SR	DOU	57.54
8	Corbin, Adisor	JR	BUF	1:00.09
9	Townsend, Tes	SR	BUF	1:01.55

#9 Girls 500 Yard Freestyle

3A State: 5:06.79 2022 Tara Joyce
Pool: 5:14.46 2026 Vayda Havens
All-America: 4:52.42
AA Cons.: 4:57.57

Lane	Name	Yr	School	Prelims
Heat 1 B - Final				
2	Cauffman, Kat	SR	WOR	6:44.73
3	Laird, Sophie	JR	RAW	6:40.67
4	Day, Tempie	JR	POW	6:30.14
5	Shell, Brynlee	FR	LYM	6:20.84
6	Campbell, Tay	JR	WOR	6:24.32
7	Bohnet, Kylie	SO	SUB	6:39.96
8	Bennick, Molly	FR	BUF	6:41.59
9	Aleman, Alicia	JR	LYM	6:45.78
Heat 2 A - Final				
2	Jacob, Haley	SO	BUF	6:02.21
3	Jacob, Katey	SR	BUF	5:59.70
4	Bentley, Milly	SO	LYM	5:52.11
5	Roberson, Gui	JR	DOU	5:27.77
6	Plaisted, Emily	SR	LAN	5:29.95
7	Woltman, Iris	JR	LAN	5:57.75
8	Telfer, Tea	SO	SUB	6:01.81
9	Jons, Tessa	SO	BUF	6:05.39

#10 Girls 100 Yard Backstroke

3A State: 56.90 2022 Tara Joyce
Pool: 58.97 2026 Amaya Olivieri
All-America: 54.70
AA Cons.: 55.82

Lane	Name	Yr	School	Prelims
Heat 1 B - Final				
2	Davidson, Mai	JR	BUF	1:14.03
3	Johansson, An	SO	RAW	1:13.15
4	Landers, Mesa	JR	SUB	1:12.95
5	Taylor, Madily	FR	LYM	1:11.61
6	Dearden, Emil	JR	KEM	1:12.09
7	Smith, Shelby	JR	NEW	1:13.00
8	Hunter, Eva	SR	KEM	1:13.67
9	Bitter, Abigail	SR	LYM	1:17.15
Heat 2 A - Final				
2	Verplancke, Ta	SO	BUF	1:09.21
3	Clark, Tylee	SR	WOR	1:07.79
4	Mahoskey, An	SO	BUF	1:05.37
5	Hampton, Cira	SR	LAN	1:02.18
6	Roberson, Gui	JR	DOU	1:02.62
7	Bartschi, Ally	SR	KEM	1:05.46
8	Dykes, Andrea	JR	DOU	1:08.48
9	Blackburn, Ala	FR	LAN	1:10.93
Alternates				
1	Polk, Sage	FR	SUB	1:20.05

#11 Girls 100 Yard Breaststroke

3A State: 1:04.33 2025 Milan Monterastelli
Pool: 1:04.79 2026 Milan Monterastelli
All-America: 1:02.59
AA Cons.: 1:03.85

Lane	Name	Yr	School	Prelims
Heat 1 B - Final				
2	Clowers, Sam	FR	DOU	1:22.71
3	Gossard, Broo	SR	LYM	1:21.86
4	Johansson, An	SO	RAW	1:21.44
5	Jacob, Haley	SO	BUF	1:20.60
6	Sheets, Jazlyn	SR	RAW	1:21.08
7	Lockman, Ava	FR	BUF	1:21.53
8	Dubcakova, Ja	JR	DOU	1:22.12
9	Dewitt, Arabel	SO	SUB	1:22.74
Heat 2 A - Final				
2	Williams, Mag	JR	SUB	1:14.55
3	Scherr, Paytor	SO	KEM	1:13.97
4	Denton, Chays	SR	LAN	1:09.70
5	Monterastelli,	SO	BUF	1:05.04
6	Boylen, Charli	SO	KEM	1:07.75
7	Heller, Brinlee	JR	LAN	1:11.69
8	Rudd, Ang	JR	LAN	1:14.42
9	Thatcher, Den	SO	KEM	1:16.13
Alternates				
1	Giltner, Mered	SO	POW	1:23.10
2	Erkkila, Sophi	SO	POW	1:25.16

#12 Girls 400 Yard Freestyle Relay

3A State: 3:39.58 2025 Lander Valley
S.Kearns, D.Reinhardt, K.Anderson, V.Havens
Pool: 3:42.93 2026 Lander Valley
All-America: 3:27.43
AA Cons.: 3:31.02

Lane	Team	Relay	Prelims
Heat 1 B - Final			
5	WOR	A	4:27.60
6	POW	A	4:31.24
Heat 2 A - Final			
2	NEW	A	4:23.22
3	SUB	A	4:14.95
4	BUF	A	4:05.00
5	LAN	A	3:42.93
6	KEM	A	3:48.99
7	DOU	A	4:09.81
8	LYM	A	4:15.29
9	RAW	A	4:24.50

#13 Girls 50 Yard Freestyle Special 50

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
5	Wright, Ava	FR	BUF	1:00.54