

NC Pre-Invite - 10/3/2025
Results - NC Pre-Invite

#1 Women 200 Yard Medley Relay				
Team	Relay	Finals Time		
1 EAS	A	2:05.67		
Courtney, Stella	Wallace, Mary			
James, Abigail 16	Ayokosok, Nzelle 17			
33.78	35.85	30.86	25.18	
2 KWH-WY	A	2:05.92		
Gurkin, Sydney	Lamb, Kiersten			
Goodrich, Megan	Punteney, Shayde			
33.75	36.29	28.68	27.20	
3 NCH-WY	A	2:10.20		
Helzer, Brooke 14	Huxtable, Avery			
Garvin, Ava	Martinez, Braelyn			
36.88	36.07	29.39	27.86	
4 CSO	A	2:22.12		
Newman, Ella	Shank, Ziva			
Valentine, Gentry	Snyder, Hannah 13			
34.66	40.02	36.88	30.56	
5 NCH-WY	B	2:30.04		
Johnston, Khloe	Bezirium, Tempest			
Lewan, Amelia	Salas, Taylor			
34.04	43.37	41.40	31.23	
6 KWH-WY	B	2:30.14		
Lebsock, Sadie	Hrstkova, Nela			
Mosley, Reese	Magee, Zoe			
33.33	43.16	33.51	40.14	
7 KWH-WY	C	2:38.59		
DeBoer, Emma 14	Skaf, Zeina			
Whitfield, Addie 14	Long, Autumn 14			
49.34	36.44	48.69	24.12	
8 EAS	C	2:45.69		
Windley, Ava	Malin, Kennleigh			
Clay, Abigail 14	Savage, Leila			
44.00	47.20	45.15	29.34	
9 NCH-WY	C	3:25.10		
Barragan, Hailey	Lounsberry, Lauren 14			
Frausto, Camilla 14	Evans, Allison			
44.00	56.42	35.52	1:09.16	
--- EAS	B	DQ		
Little, Avery 14	Goertel, Mikkel			
Jones, Amy 14	Ferrari, Lila 14			
40.04	39.55	37.86		
#2 Women 200 Yard Free				
Name	Age	Team	Finals Time	
1 Punteney, Shayde		KWH-WY	2:18.25	
33.07	35.18	36.35	33.65	
2 White, Charlee	13	CSO	2:18.65	
31.56	34.41	36.46	36.22	
3 Walton, Emma	17	EAS	2:20.57	
32.22	36.59	37.63	34.13	
4 Lamb, Kiersten		KWH-WY	2:20.62	
33.79	35.51	36.66	34.66	
5 Little, Maci		EAS	2:25.01	
32.78	36.69	38.09	37.45	
6 Gurkin, Sydney		KWH-WY	2:27.08	
34.47	36.60	38.18	37.83	

7 Newman, Ella	CSO	2:27.42
32.95	37.38	38.30
38.79		
8 Steele, Austyn	NCH-WY	2:27.51
33.49	35.87	40.67
37.48		
9 Gage, Natalie	EAS	2:29.34
34.16	38.36	39.24
37.58		
10 Bentz, Aubrey	NCH-WY	2:33.72
33.57	38.87	41.59
39.69		
11 Lopez, Kendree	CSO	2:42.43
36.32	41.49	42.15
42.47		
12 Lewan, Amelia	NCH-WY	2:46.21
35.51	41.10	44.92
44.68		
13 Moffat, Kaley	14 KWH-WY	3:18.18
42.73	51.33	1:44.12
14 Paulson, Destiny	14 EAS	3:18.71
41.55	52.16	52.82
52.18		
--- Collins, Jaidyn	CSO	DQ
42.15	48.27	43.60

#3 Women 200 Yard IM				
Name	Age	Team	Finals Time	
1 Goodrich, Megan		KWH-WY	2:25.36	
29.60	37.85	44.90	33.01	
2 Courtney, Stella		EAS	2:31.58	
32.19	38.40	45.01	35.98	
3 Lebsock, Sadie		KWH-WY	2:43.38	
34.04	42.19	50.16	36.99	
4 Huxtable, Avery		NCH-WY	2:52.37	
		46.33	40.26	
5 Whitfield, Addie	14 KWH-WY	3:13.92		
43.31	47.04	58.61	44.96	
6 Bates, Lilly		KWH-WY	3:18.56	
		56.45	42.26	
--- Skaf, Zeina		KWH-WY	DQ	
		57.67		
--- Hicks, Joey	14 KWH-WY	DQ		
51.45	52.50	1:16.45		
#4 Women 50 Yard Free				
Name	Age	Team	Finals Time	
1 Ayokosok, Nzelle	17	EAS	25.72	
2 Garvin, Ava		NCH-WY	26.91	
3 Brown, Jaelyn		CSO	27.79	
4 MacRae, Jaden		KWH-WY	28.24	
5 Martinez, Braelyn		NCH-WY	29.05	
6 Lamb, Danica	14	KWH-WY	29.09	
7 Johnston, Khloe		NCH-WY	29.42	
8 Akes, Shaylyn		EAS	29.61	
9 Shank, Ziva		CSO	29.62	
10 Jones, Amy	14	EAS	30.07	
11 Hrstkova, Nela		KWH-WY	30.83	
12 Valentine, Gentry		CSO	30.88	
13 Currie, Makaila	14	NCH-WY	31.65	
14 Newman, Lyla	13	CSO	31.71	
15 Little, Avery	14	EAS	31.77	
16 McClure, Annabelle		KWH-WY	32.04	
17 Leonhardt, Hayden		NCH-WY	32.58	
18 Helzer, Brooke	14	NCH-WY	33.59	

19 Quinn, Joslin	13	CSO	33.77
20 Frausto, Camilla	14	NCH-WY	33.91
21 Ferrari, Lila	14	EAS	34.43
22 Clay, Abigail	14	EAS	35.25
23 Pohlman, Bella		CSO	35.48
24 Long, Autumn	14	KWH-WY	35.49
25 Windley, Ava		EAS	35.86
26 Salas, Taylor		NCH-WY	37.06
27 Savage, Leila		EAS	37.39
28 Malin, Kennleigh		EAS	37.99
29 Thompson, Tailor		KWH-WY	38.76
30 DeBoer, Emma	14	KWH-WY	38.93
31 Harshman, Delanie	14	KWH-WY	40.55
32 Barragan, Hailey		NCH-WY	41.30
33 Paulson, Jasmine		EAS	42.49
*34 Lounsberry, Lauren	14	NCH-WY	43.76
*34 Mongar, Jovei		NCH-WY	43.76
36 Brown, Bailey		KWH-WY	53.83
37 Evans, Allison		NCH-WY	1:08.09
38 Sharpe, Maddox		KWH-WY	1:21.19
--- McBride, Kara	14	EAS	DQ

#5 Women 1 mtr Diving				
Name	Age	Team	Finals Score	
1 Hrstkova, Nela		KWH-WY	135.15	
2 Smith, Rachel		KWH-WY	126.55	
3 Middleton, Oceaynna		NCH-WY	125.85	
4 Magee, Zoe		KWH-WY	120.95	
5 Samson, Bailey		KWH-WY	111.55	
--- Bennett, Kayenta		KWH-WY	DQ	
#6 Women 100 Yard Fly				
Name	Age	Team	Finals Time	
1 Garvin, Ava		NCH-WY	1:07.34	
31.19	36.15			
2 James, Abigail	16	EAS	1:09.39	
32.96	36.43			
3 Martinez, Braelyn		NCH-WY	1:11.36	
33.39	37.97			
4 Middleton, Oceaynna		NCH-WY	1:14.89	
34.57	40.32			
5 Mosley, Reese		KWH-WY	1:17.56	
35.82	41.74			
6 Moffat, Kaley	14	KWH-WY	1:56.35	
53.87	1:02.48			
--- McClure, Annabelle		KWH-WY	DQ	
37.47				
#7 Women 100 Yard Free				
Name	Age	Team	Finals Time	
1 Ayokosok, Nzelle	17	EAS	57.76	
27.41	30.35			
2 Courtney, Stella		EAS	1:01.06	
29.86	31.20			
3 Schnell, Kaitlynn		CSO	1:01.44	
28.73	32.71			
4 Lebsock, Sadie		KWH-WY	1:05.35	
31.52	33.83			

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#7 Women 100 Yard Free				
5	Newman, Ella	CSO	1:05.42	
	31.05	34.37		
6	Steele, Austyn	NCH-WY	1:06.15	
	32.28	33.87		
7	Little, Maci	EAS	1:06.93	
	31.77	35.16		
8	Johnston, Khloe	NCH-WY	1:07.25	
	32.32	34.93		
9	Little, Avery	14 EAS	1:07.99	
	32.85	35.14		
10	Bentz, Aubrey	NCH-WY	1:08.03	
	33.04	34.99		
11	Wallace, Mary	EAS	1:08.26	
	33.21	35.05		
12	Jones, Amy	14 EAS	1:08.27	
	32.34	35.93		
13	Gage, Natalie	EAS	1:08.91	
	33.30	35.61		
14	Goertel, Mikkel	EAS	1:10.84	
	34.13	36.71		
15	Currie, Makaila	14 NCH-WY	1:14.26	
	34.96	39.30		
16	Ferrari, Lila	14 EAS	1:17.42	
	37.04	40.38		
17	Quinn, Joslin	13 CSO	1:17.44	
	37.45	39.99		
18	Bates, Lilly	KWH-WY	1:18.95	
	38.52	40.43		
19	Pohlman, Bella	CSO	1:19.19	
	39.20	39.99		
20	Whitfield, Addie	14 KWH-WY	1:19.73	
	38.63	41.10		
21	Bezirium, Tempest	NCH-WY	1:20.54	
	38.93	41.61		
22	Kaf, Zeina	KWH-WY	1:21.97	
	38.39	43.58		
23	McBride, Kara	14 EAS	1:22.16	
	39.34	42.82		
24	Helling, Madysen	KWH-WY	1:23.39	
	41.43	41.96		
25	DeBoer, Emma	14 KWH-WY	1:23.48	
	41.33	42.15		
26	Savage, Leila	EAS	1:25.53	
	41.06	44.47		
27	Salas, Taylor	NCH-WY	1:32.83	
	42.42	50.41		
28	Evans, Allison	NCH-WY	2:37.60	
	1:13.28	1:24.32		
#8 Women 500 Yard Free				
	Name	Age	Team	Finals Time
1	James, Abigail	16	EAS	5:55.97
	33.00	36.39	36.65	37.41
	36.35	35.97	35.86	35.39
	35.11	33.84		

2	Brown, Jaelyn	CSO	6:17.78	
	33.58	37.25	37.80	38.70
	39.03	38.74	38.68	38.92
	38.84	36.24		
3	Valentine, Gentry	CSO	6:36.10	
	34.64	38.07	39.60	40.47
	41.03	40.94	40.83	41.01
	40.43	39.08		
4	Snyder, Hannah	13 CSO	6:42.95	
	37.52	39.41	40.05	40.29
	41.30	40.87	41.71	41.48
	41.21	39.11		
5	Akes, Shaylyn	EAS	6:45.09	
	34.32	38.19	38.26	41.43
	42.28	42.82	42.76	43.07
	42.37	39.59		
6	Clay, Abigail	14 EAS	8:08.85	
	43.31	49.04	49.49	50.42
	48.42	46.59		
7	Collins, Jaidyn	CSO	8:30.27	
	41.13	48.83	50.72	52.77
	53.50	54.05	54.00	53.58
	53.40	48.29		
#9 Women 200 Yard Free Relay				
	Team	Relay	Finals Time	
1	KWH-WY	A	1:51.30	
	Lamb, Danica 14	Punteney, Shayde		
	MacRae, Jaden	Goodrich, Megan		
	29.03	27.21	28.08	26.98
2	EAS	A	1:52.74	
	Courtney, Stella	James, Abigail 16		
	Akes, Shaylyn	Ayokosok, Nzelle 17		
	28.34	28.53	35.16	20.71
3	CSO	A	1:55.76	
	Brown, Jaelyn	White, Charlee 13		
	Shank, Ziva	Schnell, Kaitlynn		
	28.60	29.41	30.12	27.63
4	NCH-WY	B	2:04.96	
	Steele, Austyn	Frausto, Camilla 14		
	Currie, Makaila 14	Bentz, Aubrey		
	29.54	33.41	33.14	28.87
5	NCH-WY	A	2:05.29	
	Huxtable, Avery	Middleton, Oceaynna		
	Leonhardt, Hayden	Helzer, Brooke 14		
	30.49	29.82	32.63	32.35
6	CSO	B	2:07.41	
	Snyder, Hannah 13	Newman, Lyla 13		
	Valentine, Gentry	Newman, Ella		
	33.45	32.32	31.31	30.33
7	EAS	B	2:12.30	
	Gage, Natalie	Little, Maci		
	Little, Avery 14	Ferrari, Lila 14		
	32.66	31.67	33.29	34.68
8	KWH-WY	B	2:18.35	
	Magee, Zoe	Bates, Lilly		
	McClure, Annabelle	Hrstkova, Nela		
	37.46	36.66	37.92	26.31

9	EAS	C	2:29.44	
	McBride, Kara 14	Clay, Abigail 14		
	Savage, Leila	Stensgaard, Amry		
	35.92	38.52	37.92	37.08
10	NCH-WY	C	2:41.15	
	Salas, Taylor	Bezirium, Tempest		
	Mongar, Jovei	Barragan, Hailey		
	39.96	15.35	21.57	1:24.27
11	KWH-WY	C	2:53.28	
	Helling, Madysen	Brown, Bailey		
	Harshman, Delanie 14	Hicks, Joey 14		
	40.15	1:01.55	38.11	33.47
#10 Women 100 Yard Back				
	Name	Age	Team	Finals Time
1	Goodrich, Megan		KWH-WY	1:09.79
	34.00	35.79		
2	Walton, Emma	17	EAS	1:13.51
	37.00	36.51		
3	Lamb, Kiersten		KWH-WY	1:14.86
	36.59	38.27		
4	MacRae, Jaden		KWH-WY	1:16.67
	36.53	40.14		
5	Gurkin, Sydney		KWH-WY	1:16.98
	37.00	39.98		
6	Leonhardt, Hayden		NCH-WY	1:18.60
	37.77	40.83		
7	White, Charlee	13	CSO	1:18.70
	37.92	40.78		
8	Helzer, Brooke	14	NCH-WY	1:21.05
	40.09	40.96		
9	Newman, Lyla	13	CSO	1:23.71
	40.39	43.32		
10	Huxtable, Avery		NCH-WY	1:23.84
	40.90	42.94		
11	Mosley, Reese		KWH-WY	1:26.03
	41.41	44.62		
12	Lewan, Amelia		NCH-WY	1:27.20
	41.70	45.50		
13	Frausto, Camilla	14	NCH-WY	1:30.85
	43.85	47.00		
14	Long, Autumn	14	KWH-WY	1:33.60
	45.46	48.14		
15	Windley, Ava		EAS	1:34.57
	45.51	49.06		
16	Lopez, Kendree		CSO	1:36.84
17	Helling, Madysen		KWH-WY	1:37.73
	49.34	48.39		
18	Barragan, Hailey		NCH-WY	1:48.81
	48.22	1:00.59		
19	Lounsberry, Lauren	14	NCH-WY	1:59.78
	56.80	1:02.98		
20	Mongar, Jovei		NCH-WY	2:16.66
	1:03.03	1:13.63		
21	Brown, Bailey		KWH-WY	2:37.55
	1:16.18	1:21.37		
---	Thompson, Tailor		KWH-WY	DQ
	50.40			

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(#10 Women 100 Yard Back)				
---	Paulson, Destiny	14	EAS	DQ
	53.55			
#11 Women 100 Yard Breast				
	Name	Age	Team	Finals Time
1	Punteney, Shayde		KWH-WY	1:15.17
	35.26	39.91		
2	Wallace, Mary		EAS	1:18.20
	36.89	41.31		
3	Lamb, Danica	14	KWH-WY	1:22.42
	39.86	42.56		
4	Goertel, Mikkell		EAS	1:26.41
	41.65	44.76		
5	Shank, Ziva		CSO	1:30.86
	43.20	47.66		
6	Bezirium, Tempest		NCH-WY	1:35.02
	44.82	50.20		
7	Malin, Kennleigh		EAS	1:38.18
	47.23	50.95		
8	Schnell, Kaitlynn		CSO	1:40.82
	46.08	54.74		
9	Paulson, Jasmine		EAS	1:50.79
	53.29	57.50		
10	Harshman, Delanie	14	KWH-WY	1:59.98
	55.43	1:04.55		
11	Sharpe, Maddox		KWH-WY	3:23.97
	1:37.72	1:46.25		
---	Hicks, Joey	14	KWH-WY	DQ
#12 Women 400 Yard Free Relay				
	Team	Relay	Finals Time	
1	NCH-WY	A	4:14.07	
	Garvin, Ava	Middleton, Oceaynna		
	Johnston, Khloe	Martinez, Braelyn		
	28.35	59.32	30.81	1:04.77
	30.64	1:06.11	29.27	1:03.87
2	KWH-WY	A	4:16.65	
	Lamb, Kiersten	Lamb, Danica 14		
	Gurkin, Sydney	MacRae, Jaden		
	30.27	1:03.37	30.10	1:05.06
	28.83	1:06.03	27.63	1:02.19
3	CSO	A	4:24.61	
	White, Charlee 13	Schnell, Kaitlynn		
	Snyder, Hannah 13	Brown, Jaelyn		
	31.51	1:04.71	33.23	1:07.95
	29.97	1:04.83	30.72	1:07.12
4	NCH-WY	B	4:52.66	
	Bentz, Aubrey	Leonhardt, Hayden		
	Currie, Makaila 14	Steele, Austyn		
	32.60	1:09.72	35.18	1:17.01
	36.56	1:21.99	28.57	1:03.94
5	KWH-WY	B	4:54.37	
	Lebsock, Sadie	Mosley, Reese		
	Bates, Lilly	Skaf, Zeina		
	30.66	1:04.28	32.93	1:10.59
	37.49	1:22.96	34.78	1:16.54

6	CSO	B	5:06.61	
	Lopez, Kendree	Quinn, Joslin 13		
	Pohlman, Bella	Newman, Lyla 13		
	36.67	1:15.99	36.80	1:17.98
	38.77	1:19.36	33.44	1:13.28
---	EAS	A	DQ	
	Akes, Shaylyn	Little, Maci		
	Jones, Amy 14	Walton, Emma 17		
	32.58	1:06.66	32.77	1:08.67
	32.14	1:08.96	31.18	
---	KWH-WY	C	DQ	
	Thompson, Tailor	DeBoer, Emma 14		
	Moffat, Kaley 14	Whitfield, Addie 14		
	43.29	1:31.48	40.45	1:25.12
	43.02	1:32.29	36.74	
Combined Team Scores				
Combined Team Scores - Through Event 12				
1.	Kelly Walsh High School	419		
2.	Natrona County High School	299		
3.	Cheyenne East Girls Swim	292		
4.	Cheyenne South	236		
Scores - Women				
Women - Team Rankings - Through Event 12				
1.	Kelly Walsh High School	419		
2.	Natrona County High School	299		
3.	Cheyenne East Girls Swim	292		
4.	Cheyenne South	236		