

**1A/2A EAST REGIONAL TRACK & FIELD MEET  
TORRINGTON, WY**

**\*Friday, May 16<sup>th</sup>, 2025 - Order of Events\***

<b>9:00</b>	<b>Scratch/Replace Meeting &amp; Coaches Meeting</b>	
<b>10:00</b>	<b>1A Girls &amp; 2A Girls Pole Vault (run together) [Immediately followed by 1A Boys &amp; 2A Boys (run together)]</b>	
<b>10:00</b>	<b>2A Boys Long Jump 2A Girls High Jump 1A Boys Shot Put 1A Girls Triple Jump</b>	
<b>11:30</b>	<b>2A Boys High Jump 2A Girls Discus 1A Boys Long Jump 1A Girls Shot Put</b>	
<b>1:00</b>	<b>2A Boys Discus 2A Girls Long Jump 1A Boys High Jump</b>	
<b>1:00</b>	<b>1A/2A Girls 800 Meter Run 1A/2A Boys 800 Meter Run</b>	<b>Finals Finals</b>
<b>1:30</b>	<b>1A/2A Girls 100 Meter Intermediate Hurdles 1A/2A Boys 110 Meter High Hurdles</b>	<b>Prelims Prelims</b>
<b>2:00</b>	<b>1A/2A Girls 100 Meter Dash 1A/2A Boys 100 Meter Dash</b>	<b>Prelims Prelims</b>
<b>2:30</b>	<b>1A/2A Girls 300 Meter Low Hurdles 1A/2A Boys 300 Meter Intermediate Hurdles</b>	<b>Prelims Prelims</b>
<b>3:00</b>	<b>1A/2A Girls 200 Meter Dash 1A/2A Boys 200 Meter Dash</b>	<b>Prelims Prelims</b>
<b>3:30</b>	<b>1A/2A Girls 3200 Meter Run 1A/2A Boys 3200 Meter Run</b>	<b>Finals Finals</b>
<b>5:00</b>	<b>1A/2A Girls 400 Meter Relay 1A/2A Boys 400 Meter Relay</b>	<b>Finals Finals</b>
<b>5:45</b>	<b>1A/2A Girls 400 Meter Dash 1A/2A Boys 400 Meter Dash</b>	<b>Prelims Prelims</b>
<b>6:30</b>	<b>1A/2A Girls Sprint Medley Relay 1A/2A Boys Sprint Medley Relay</b>	<b>Finals Finals</b>

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**\*Saturday, May 17<sup>th</sup>, 2025 – Order of Events\***

<b>8:00 a.m.</b>	<b>Coaches Meeting</b>	
<b>9:00 a.m.</b>	<b>2A Boys Triple Jump 1A Boys Discus 1A Girls Long Jump</b>	
<b>10:30 a.m.</b>	<b>1A Boys Triple Jump 2A Girls Shot Put 1A Girls Discus</b>	
<b>12:00 p.m.</b>	<b>2A Boys Shot Put 2A Girls Triple Jump 1A Girls High Jump</b>	
<b>9:30 a.m.</b>	<b>1A/2A Girls 4x800 Meter Relay 1A/2A Boys 4x800 Meter Relay</b>	<b>Finals Finals</b>
<b>11:00 a.m.</b>	<b>1A/2A Girls 100 Meter Intermediate Hurdles 1A/2A Boys 110 Meter High Hurdles</b>	<b>Finals Finals</b>
<b>11:45 a.m.</b>	<b>1A/2A Girls 100 Meter Dash 1A/2A Boys 100 Meter Dash</b>	<b>Finals Finals</b>
<b>1:00 p.m.</b>	<b>1A/2A Girls 1600 Meter Run 1A/2A Boys 1600 Meter Run</b>	<b>Finals Finals</b>
<b>2:00 p.m.</b>	<b>1A/2A Girls 400 Meter Dash 1A/2A Boys 400 Meter Dash</b>	<b>Finals Finals</b>
<b>3:00 p.m.</b>	<b>1A/2A Girls 300 Meter Low Hurdles 1A/2A Boys 300 Meter Intermediate Hurdles</b>	<b>Finals Finals</b>
<b>3:30 p.m.</b>	<b>1A/2A Girls 200 Meter Dash 1A/2A Boys 200 Meter Dash</b>	<b>Finals Finals</b>
<b>4:15 p.m.</b>	<b>1A/2A Girls 4x400 Meter Relay 1A/2A Boys 4x400 Meter Relay</b>	<b>Finals Finals</b>