

## 2025 3A EAST REGIONAL WRESTLING INFORMATION

**DATE: FEBRUARY 21, 2025**

**LOCATION: WHEATLAND, WY**

Wheatland High School and our community are pleased to host the 3A East Boys Regional Wrestling Tournament. We look forward to an exciting and competitive day of wrestling. Please review the following information.

### GENERAL TOURNAMENT INFORMATION

Matches will be held in the Wheatland High School gym (two mats).

### TOURNAMENT DIRECTOR

Mick Cochran – Wheatland High School Activities Director

### TEAM INFORMATION

Each team will receive participant passes (including managers), three coach passes, three spouse passes, and one bus driver pass. A pass will be required; team packets will be at the front doors upon arrival. Team camps can be set up down the South Hallways as school will not be in session.

### TRACK WRESTLING

Track Wrestling will manage the regional tournament. Our person of contact for any concerns in Track Wrestling or Flo is Kayla Bohlander. Her email is [thebohlanders@outlook.com](mailto:thebohlanders@outlook.com). She will be sending out the information very soon. All the matches will be shown live via track wrestling.

### TOURNAMENT SCHEDULE (Starting times are tentative as we will use a rolling start)

<b>Friday</b>	
9:30 AM	Weigh-Ins @ Wheatland Gym
10:30 AM	Coaches Meeting/Seeding Meeting
	Seeding Criteria in Order—Track will pre-seed the tournament
	1. Head to head competition 2. Record against common opponents 3. Returning state placers at any weight (order of place) 4. Best overall record (minimum of ten varsity matches) 5. Coin flip 6. Wrestlers who are not seeded will be randomly drawn into the bracket 7. Once seeding begins for each weight class, a wrestler may not be taken off the board for consideration
11:00 AM	First Round
1:30 PM	Second Round
4:00 PM	Wrestle Backs & Semis
6:00 PM	Finals

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## BUSES

Buses can drop their teams off in bus loop off of Spruce Street, between 12<sup>th</sup> Street and 13<sup>th</sup> Street. Teams can enter through the Southwest doors and buses can be parked in the South Parking Lot, next to the loop.



## SPECTATORS INFORMATION

Tickets are available at the event, cash only.

## HOSPITALITY ROOM

The Hospitality room will be set up for coaches, officials, and event staff. It is located on the north end of the main building in the old art room.

## CONCESSIONS

Concession will be available beginning at 9am (cash only).

## LOCKER ROOMS

Locker rooms will be available for dressing purposes. Please take personal items to your team area in the stands. Locker rooms **will not** be secured. Towels will not be provided.

## TEAM AREA

Teams may set up camps in the South Hallways.

## TRAINING ROOM

Training needs will be provided by North Platte Physical Therapy. The head trainer will be Mike Utt.

## CONTACT INFORMATION

Mick Cochran	307-331-2322	michael.cochran@platte1.org
Blaine Eppel	970-631-4590	blaine.eppel.platte1.org

## 2025 3A EAST REGIONAL WRESTLING INFORMATION

### TEAM VIDEO

Teams can video their matches from various access points throughout the gym.

### SCORERS

Wheatland High School will provide table workers and clock operators for all the tournament matches. Certified officials with the WHSAA will be used.

**ROSTERS/PHOTOS-** Please send roster and team photos to [abby.gegen@platte1.org](mailto:abby.gegen@platte1.org) no later than Feb 14<sup>th</sup>.

### TOURNAMENT T-SHIRTS

Order options have been sent to all Activity Directors. [twistedthreads.shop](https://twistedthreads.shop) is the online store.

### TICKET PRICES

<u>Session</u>	<u>Adult</u>	<u>Student w/ID</u>
All Day Friday	\$9.00	\$6.00

NO ONE WILL BE ADMITTED INTO THE GYM WITHOUT A TOURNAMENT PASS.

NO BANNERS, SIGNS, or NOISEMAKERS allowed.