



# EWAC Regional Wrestling Tournament

## Friday, February 21, 2025



**Host:** Cheyenne East High School  
Jerry Schlabs – Athletic Director  
771-2663 (w) 286-1663 (c)  
jerry.schlabs@laramie1.org

**Location:** Storey Gym – 2811 House Ave.

### Tournament Schedule:

All matches will be held at Storey Gym.

### Friday, February 21<sup>th</sup>

Weigh-Ins: 7:30 a.m. – Storey Gym (Main Court)  
Seeding Meeting: 8:00 a.m. or immediately following weigh-ins – Board Room  
Brackets Posted: 9:15 a.m.  
Wrestling Begins: 9:30 a.m. – Storey Gym (3 Mats)

### Teams:

Cheyenne East, Cheyenne Central, Cheyenne South, Campbell County, Laramie, Sheridan, Thunder Basin

### Team Pictures and Rosters:

Pictures and Rosters must be received by Monday, February 17<sup>th</sup>.  
Please send your team picture and roster to Jerry Schlabs at [jerry.schlabs@laramie1.org](mailto:jerry.schlabs@laramie1.org).

### Track Wrestling Roster Entries and Entering Seeding Criteria

Track Wrestling invites will be sent out early in the week starting on February 17<sup>th</sup>. Please let me know if you do not receive this invite

Please follow and adhere to all deadlines. When entering records, make sure they are varsity records only.

## **Seeding Meeting:**

The seeding meeting will be at 8:00 a.m. in Board Room at Storey Gym. Rosters will be closed at the beginning of seeding meeting (per WHSAA). Changes in rosters will not be allowed after the start of the seeding meeting. Coaches will need to report any roster adjustments prior to 8:00 a.m. to Monica, our Track Wrestling coordinator. We want to eliminate the shifting of line-ups during the seeding process, which could delay the start of the tournament. Wrestlers not making weight will be adjusted by the coach and Monica prior to the seeding meeting. The criteria for seeding will follow WHSAA Rule 7.16.71.

1. Head to head competition
  2. Record against common opponents
  3. Returning state placers at any weight (order of place)
  4. Best Overall Record (minimum of ten varsity matches)
  5. Coin flip
  6. Wrestlers that are not seeded will be randomly drawn into the bracket.
  7. Once seeding begins for each weight class, a wrestler may not be taken off the board for consideration.
- All byes will be manually placed in brackets to even out byes.

## **WHSAA RULE 7.16.72**

Either a one day or two-day Regional qualifying tournament will be conducted by the WHSAA with each school allowed to enter two wrestlers per weight class. Only one wrestler per weight class per school will be scored. Eight wrestlers will advance to the State Tournament from each Regional Tournament. Whenever two wrestlers from the same school wrestle a match, pinpoints will automatically be awarded to the winner, regardless of the outcome of the match. The official entry deadline for the WHSAA Regional Tournament is the seeding meeting or completion of tournament weigh-ins whichever occurs first. If the seeding meeting is first, substitutions may be made up until the end of weigh-ins under the following conditions.

1. If for injury or illness, the substitution will be permitted only with a doctor's written excuse submitted to the tournament director.
2. If for disciplinary action, the substitution will be permitted only if the reasons are verified in writing by the school's administration to the tournament director. Wrestlers not making weight may be moved to replace an entered teammate or fill a team's unused entry slot. If a substitution is allowed, the substitute designated to replace his teammate will do so in the position of the original draw unless the substitute is replacing a "seeded" wrestler, whereby there shall be a re-seeding and re-drawing of that weight class. If a change in weight class is made for an entered participant, then the above shall apply; or if the change adds a participant to a weight class then that weight class shall be re-drawn.

3. If less than 8 competitors in the weight class, the possibility of taking more than 8 from the opposite region exists.
  - a. After all weights have been seeded in each region, the regional directors or designated persons will contact each other and exchange numbers in each weight class. Wherever a region has less than 8 wrestlers in a weight class the opposite region shall wrestle to qualify any number of wrestlers available at that weight to reach a maximum of 16 wrestlers in each weight class. ALL of these matches would be non-team scoring matches. All wrestlers involved in these matches must make weight each day of the regional tournament.
  - b. A wrestler that has qualified for the state meet on day one of a regional and still has a match on day two, but does not make weight on day 2, CAN NOT be replaced by a wrestler from the opposite region or from its own. A bye would represent him/her in the state bracket.

### **Video Taping:**

Videotaping will be allowed from the top of either set of bleachers at Storey Gym or by managers mat side.

### **Mat Layout:**

- Three mats will be used

### **Practice/Warm Up Time:**

- Please contact Jerry Schlabs if you would like to set up practice time on Thursday (either at Storey Gym, East High School, or Central High School).

### **Awards:**

All-Conference Medals, Place Medals, the Coach of the Year plaques and the Conference Champion plaque will be given during finals and at the conclusion of the meet on Friday. The Regional Place Winner Plates will also be presented at the awards ceremony following all matches.

### **Seating Mat-Side:**

Only 3 team personnel (coaches, managers) will be allowed in coach's corners.

**ONLY COACHES, WRESTLERS, MANAGERS, OFFICIALS, AND TOURNAMENT PERSONNEL WILL BE PERMITTED ON THE GYM FLOOR.**

## **Concessions:**

Concessions will be available throughout the tournament.

## **Tournament Passes:**

Each team will receive an envelope containing the following passes for the tournament:

- 28 wrestler passes
- 3 manager passes
- 4 coaches passes
- 3 spouse passes
- 1 bus driver pass

Please let me know if your cheerleaders are attending. If your cheer squad is attending passes will be provided for the cheerleaders and coaches.

## **WHSAA Ticket Prices:**

	<b><u>Adult</u></b>	<b><u>Student</u></b>
Friday (All Day)	\$9.00	\$6.00
<b>***ONLY APPROVED WHSAA PASSES ALLOWED***</b>		

High school students must present their WHSAA identification cards or high school ID card in order to purchase tickets at the student price. If no identification card is presented, adult prices will be charged. High school graduates and older are considered adults. Please pass this information on to your student body and your fans.

## **T-Shirts:**

Regional t-shirts will be sold at the tournament site. T-Shirts will be limited so please let your kids know to get them early. T-shirt prices will be \$15.00 and the T-shirt design will be sent out to coaches in the next week.

## **Team Camps:**

Team Camps can be set up on the Southeast and Northeast lower bleachers at Storey Gym both Designated areas will be provided and marked.

### **Parking:**

Parking will be available at Storey Gym. If additional parking is needed attendees can use the South Parking Lot at the LCSD #1 admin. building. This lot is located just South of the LCSD#1 Administration building (2810 House Ave).

### **Hospitality Room:**

A hospitality room will be set up at Storey Gym. It will be for coaches, bus drivers, tournament workers, and school administrators only.

### **Locker Rooms:**

Locker rooms will be assigned. Cheyenne East High School will not be responsible for lost or missing items. **Cheyenne East High School will not provide towels.**

### **Water:**

Cheyenne East High School will provide water and cups for the tournament.

### **Athletic Training Room:**

The athletic training room will be open and available for use throughout the tournament. A certified athletic trainer will be available for all matches. Please bring your own training supplies.

### **Tournament Management:**

- Pep clubs, parents and fans are reminded that pep posters, banners and noise makers are not allowed at Regional or State sites.
- Administrators will be assigned for supervision during the tournament.

# Coach of the Year

## 2025 4A East Regional

*Vote for One (Circle)*

Jace Jensen	Campbell County
Kyle Brightman	Central
Thad Trujillo	East
Stuart Brinkman	Laramie
Tyson Shatto	Sheridan
JoJo Ojeda	South
Mikah Kadera	Thunder Basin

School \_\_\_\_\_

Coach \_\_\_\_\_

**Votes due February 17, 2025**

Please email your vote to [jerry.schlabs@laramie1.org](mailto:jerry.schlabs@laramie1.org)