

TO: 4A West Wrestling Coaches & Athletic Directors

FROM: Robert Erickson, Tournament Director

DATE: February 21, 2025

SUBJECT: 4A West Regional Wrestling Tournament Information

TEAMS:

KELLY WALSH, NATRONA, RIVERTON, ROCK SPRINGS, EVANSTON, GREEN RIVER, JACKSON & STAR VALLEY

Star Valley High School would like to welcome all teams and coaches to the 4A West Regional Wrestling Tournament. We hope that your time in Star Valley is enjoyable and memorable! Please see pertinent tournament information below or contact Robert Erickson rerickson@lcsd2.org or 307-887-0089 if you have any questions. Thank you!

TOURNAMENT DEADLINES & SCHEDULES:

Wednesday, February 19, 2025

11:00pm Team must be entered into Trackwrestling
11:01pm Team line-ups will be available (Head to Head)

Thursday, February 20, 2025

8:00am Seeding criteria must be entered

Friday, February 21, 2025

7:30am Weigh-In
Seeding Meeting immediately after weigh-ins (Media Center)
9:15am Brackets Posted
9:30 Wrestling Starts

We will wrestle on three mats as much as time allows and then finish on two mats. Placing matches will be on 2 mats. Breaks will be minimal.

TRACKWRESTLING:

We will be using track wrestling as our meet manager. Danielle Dalton will be our Trackwrestling tournament manager. She will send out information on how to enter your wrestlers. Danielle Dalton's contact info is 307-870-4330 or danielle.dalton01@gmail.com.

SEEDING MEETING:

The seeding meeting will Friday, February 21st, immediately following weigh-ins. It will be run by two of our tournament officials. Coaches, please make a commitment to participate in a professional manner. Your cooperation will certainly enhance the quality of the tournament and make it much easier to conduct the meeting.

CRITERIA FOR SEEDING MEETING:

WHSAA Rule 7.16.71.

1. Head-to-head competition
2. Record against common opponents.
3. Returning state placers at any weight (order of place)
4. Best overall record (minimum of ten varsity matches)
5. Coin flip.
6. Wrestlers that are not seeded will be randomly drawn into the bracket.
7. Once seeding begins for each weight class, a wrestler may not be taken off the board for consideration.

ENTRANCE:

Please enter and exit directly into the gym from the southwest parking lot.

BUS PARKING:

Please park buses in the southwest parking lot.

HOSPITALITY:

There will be a hospitality room provided for coaches, workers, and bus drivers in our cafeteria. Wrist band required for entrance.

AWARDS:

Awards will be presented at the end of each weight class starting after the 113-pound weight class. Team awards and coach of the year will be awarded at the end of the tournament.

ATHLETIC TRAINER:

There will be an athletic trainer on site for the duration of the event. The training room is also available for anyone needing to use that equipment. There will not be an EMT on the premises.

GYM:

We will be using the main gym. 3 mats will be used throughout the tournament.

SPECTATORS:

It is expected that administrators and athletic directors from all schools will help monitor their fan's behavior. We will have security, but your support is essential to help control the crowds as your staff knows your fans better than we do.

SEATING AT MAT-SIDE:

Only 2 Coaches & 1 Stat/Filmer will be allowed in coaches chairs. Tournament officials will be enforcing this expectation. Please help us maintain this rule.

LOCKER ROOM ASSIGNMENTS:

Will be assigned upon your arrival. Star Valley High School will not be responsible for lost or missing items.

APPAREL: This store has been set up for all your regional apparel.

<https://wy4awestregional-wrestling.itemorder.com/>

TEAM CAMPS & FOOD:

At Star Valley High School, we try to keep all food out of the gyms. We will provide tables and chairs for team meals on the running track. Please use this area to feed your teams and help us keep our gym food free. Please do not hand out food to your teams in the bleachers.

TICKETS PRICES:

	ADULT	STUDENT
All Tournament Session	\$9.00	\$6.00

High school students **MUST** present their WHSAA Identification Card or high school ID card to purchase tickets at the student price. If no ID card is presented, ADULT prices will be charged.

TEAM PASSES:

Each team will receive an envelope containing passes for the tournament upon arrival. The following will be issued:

28 Wrestlers

3 Managers

4 Coaches

4 Coach Spouse

1 Bus Driver

PRACTICE TIME:

Please contact Robert Erickson if you would like to set up a practice time at Star Valley High School.

BROADCASTING:

If you know you will be having someone broadcast, please contact Robert Erickson.

CONTACT INFORMATION:

We are looking forward to a successful tournament. Please feel free to contact Robert Erickson at 307-887-0089 if you need more information or assistance with anything.

