

4A West Boys Regional Wrestling

Kelly Walsh High School

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John Sheaff

Activities and Athletics Director

To: A.D. and Wrestling Coaches

From: John Sheaff Tournament Director / A.D.

Date: January 26th, 2024

Re: 4A West Regional Wrestling Tournament

Kelly Walsh High School is pleased to host the *2024 Regional Wrestling Tournament*. This year's tournament will be held on February 17th, 2024 in the Kelly Walsh High School Gymnasium. This packet of information will assist you in planning for the tournament competition.

Roster Information and Tournament Programs

Pictures and rosters must be received no later than **Friday February 11th**. Please email these to lance_robinson@natronaschools.org. We will be making a digital regional program, so if you would also please email us your rosters and pictures by the 11th it would be greatly appreciated. All programs will be accessed through a QR code. The code will be sent out ahead of time for you to access.

Tournament Schedule

Saturday February 17th.

7:30 AM	Weigh-ins
7:45 AM	Seeding Meeting
9:30 AM	Matches Begin (Please note that if we get ahead in the schedule, we will stay ahead of schedule)

We will use 2 mats throughout until the medal round

First Round	9:30 - 11:00 AM
Championship Quarterfinals	11:00 - 12:30 PM
Second Round Wrestlebacks	12:30 - 2:00 PM
Third Round Wrestlebacks	2:00 - 3:15 PM
Championship Semifinals	2:00 - 3:15 PM
Consolation Semifinals	3:15 - 4:15 PM
Medal Round (1st/2nd, 3rd/4th)	1:00 – 2:30 PM

General Information:

Teams:

Star Valley	Laramie
Jackson	Natrona County
Kelly Walsh	Rock Springs

Track Wrestling Roster Entries and Entering Seeding Criteria

Track Wrestling invites will be sent out early in the week. Please let me know if you don't receive this invite. Please follow and adhere to all deadlines. When entering records, please make sure they are varsity records only.

Seeding Meeting:

The seeding meeting will be held in the Team Room (RM 105). It will be run by two of our tournament officials. Coaches, please make a commitment to participate in a professional manner. Your cooperation will certainly enhance the quality of the tournament and make it much easier to conduct the meeting.

Criteria for Seeding Meeting:

WHSAA 7.16.71

1. Head to head competition
2. Record against common opponents
3. Returning state placers at any weight (order of place)
4. Best overall record (minimum of ten varsity matches)
5. Coin flip
6. Wrestlers that are not seeded will be randomly drawn into the bracket.
7. Once seeding begins for each weight class, a wrestler may not be taken off the board for consideration

*All byes will be manually placed in brackets to even out byes.

WHSAA Rule 7.16.72:

Regional qualifying tournaments will be conducted by the WHSAA with each school allowed to enter two wrestlers per weight class. Eight wrestlers will advance to the State Tournament from each Regional Tournament. Whenever two wrestlers from the same school wrestle a match, pin points will automatically be awarded to the winner, regardless of the outcome of the match. The official entry deadline for the WHSAA Regional Tournament is the seeding meeting or completion of tournament weigh-ins whichever occurs first. If the seeding meeting is first, substitutions may be made up until the end of weigh-ins under the following conditions:

1. If for injury or illness, the substitution will be permitted only with a doctor's written excuse submitted to the tournament director
2. If for disciplinary action, the substitution will be permitted only if the reasons are verified in writing by the school's administration to the tournament director. Wrestlers not making weight may be moved to replace an entered teammate or fill a team's unused entry slot. If a substitution is allowed, the substitute designated to replace his teammate will do so in the position of the original draw unless the substitute is replacing a "seeded" wrestler, whereby there shall be a re-seeding and re-drawing of that weight class. If a change in weight class is made for an entered participant, then the above shall apply; or if the change adds a participant to a weight class then that weight class shall be re-drawn.
3. If less than 8 competitors in the weight class, the possibility of taking more than 8 from the opposite region exists.
 - a. After all weights have been seeded in each region, the regional directors or designated persons will contact each other and exchange numbers in each weight class. Wherever a region has less than 8 wrestlers in a weight class, the opposite region shall wrestle to qualify any number of wrestlers available at that weight to reach a maximum of 16 wrestlers in each weight class. ALL of these matches would be non-team scoring matches.
 - b. A wrestler that has qualified for the state meet on day one of a regional and still has a match on day two, but does not make weight on day 2, CAN NOT be replaced by a wrestler from the opposite region or from his own. A bye would represent him/her in the state bracket.

Towels and Water:

Kelly Walsh High School will not provide towels. We will provide water and cups mat-side for the tournament.

Locker rooms:

Three locker rooms will be available for visiting wrestling teams. Wrestlers should not leave ANY items in the locker rooms. Kelly Walsh High School and Natrona County School District #1 will not be responsible for lost or stolen items. **You** are responsible for your own valuables.

Mats

Two (2) mats will be used for all rounds except the championship and consolation finals.

Sportsmanship:

Please model appropriate sportsmanship and expect your wrestlers to demonstrate exemplary behavior throughout the tournament. It is extremely important for coaches to provide supervision, pre-teach athletes regarding expectations, and monitor student-athlete behavior. We appreciate your commitment in this area.

Video taping:

There is room at the top of the seats and a viewing area above the gym on the East end. There is room for some filmers in these areas. Only media and coaching personnel will be allowed on the gym floor area. Please encourage your parents and fans to film and take pictures from the bleachers. They will not be allowed in the coaching areas at mat-side.

Hospitality:

A hospitality room will be provided for the **coaches, officials, bus drivers, and workers.** Please refrain from using this area for family, friends, or students i.e....managers, cheerleaders, wrestlers, trainers, video-personnel etc.

Awards:

All-Conference and place medals will be given out by weight starting after the 113 weight class. Coach of the Year plaques, the Conference Champion Plaque and the Regional Place Winner Plates will be presented following all matches on Saturday.

Seating at Mat-side:

Only 3 coaches will be allowed in coaches' chairs. **ONLY COACHES, WRESTLERS, OFFICIALS, AND TOURNAMENT PERSONNEL WILL BE PERMITTED ON THE ARENA FLOOR. PARENTS & MANAGERS ARE NOT CONSIDERED COACHES OR TOURNAMENT WORKERS.** A stats person may be considered as 1 of 3 in coaches chairs. Please help us maintain this rule.

Weigh-in:

Weigh-in will be Saturday morning, beginning at 7:30 AM in the wrestling room in the high school. We will have 3-4 scales on hand and will have you weigh-in by weight class. Please notify the tournament director of any scratches or changes by 7:15 AM so they can be changed prior to the seeding meeting. Officials will be present to conduct weigh-ins.

Spectator Behavior:

COACHES AND WRESTLERS SHOULD TAKE THE LEADERSHIP TO DISCOURAGE INAPPROPRIATE BEHAVIOR FROM THEIR RESPECTIVE COMMUNITY SPECTATORS. PLEASE TAKE THE INITIATIVE TO HELP SUPERVISE YOUR OWN FANS.

Admission Fee—All Day Pass

	ADULT	STUDENT
Saturday (All Day)	\$ 9.00	\$ 6.00

Concessions

Concessions will be provided during the tournament.

Team seating area

The west bleacher will be pulled a little bit. This is the area where wrestlers can put all of their gear and be seated.

Matches/Staging Area:

Matches will be posted through Trackwrestling on the video board. Please have your wrestlers pay attention to the bouts.

Emergency Service:

A certified trainer will be at all matches. Please be sure your medical kits are fully equipped. Ice is available for injuries, and our training room will be open for taping.

Meet Management:

Pep clubs, parents, and fans are reminded that pep posters, banners and noise makers are NOT allowed at Regional or State sites. Administrators will be assigned to supervision, but we would welcome any school administrator's assistance during the tournament.

Trackwrestling:

We will be using *trackwrestling* as our meet manager. Live updates will be available on trackwrestling.com. We will send out information on how to enter your wrestlers at a later date.

4A LEAGUE WRESTLING BY-LAWS:

- a. All meets and tournaments shall follow the National Federation Rules for Wrestling and the WHSAA Handbook.
- b. The Conference Championship in Wrestling will be determined by the dual meet round robin results within the Conference. If Conference teams wrestle each other more than once a year, the first meeting of the two teams will count toward the final Conference standings.
- c. It is recommended to have a doctor present for Friday Regional weigh-ins.
- d. If there would be a tie in the final Conference records, the following criteria would be used (in succession) in order to break the tie.

1. Head to head competition with tied opponents.
2. Highest number of team points accumulated against tied opponent(s).
3. Least number of team points allowed to tied opponent(s).
4. Number of matches won against tied opponent(s).
5. Number of falls achieved against tied opponent(s).
6. Coin flip.

e. Weigh-ins for the Regional Tournament will be at 4:00 p.m. with a 6:00 p.m. wrestling start time. (This is applicable with a 2 day regional)

f. **Coaches must submit a roster at the regional meet before the seeding meeting begins with weight class of participants.**

g. The champion of each weight class at the Conference/Regional meet will be designated for All-Conference recognition. If the Conference/Regional Meet is eliminated, the top finisher in each weight class at the State Meet will receive medals.

e. Coaches will select a Coach of the Year by a ballot, which will be voted on at the Conference Meet.

COACH OF THE YEAR BALLOT

Vote for One (Circle)

Eddie Clark, Star Valley

Ryan Castagno, Jackson

Travis Peak, Kelly Walsh

Stuart Brinkman, Laramie

Scott Russell, Natrona County

Brad Profaizer, Rock Springs

- **Please return this ballot to Ron Wagner by Saturday, February 19th.**

